

TRAINING HANDBOOK



EMPOWER | EDUCATE | MENTOR

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WHY CHOOSE ANGEL AESTHETICS INSTITUTE

Angel Aesthetics Institute was created with the main mission to educate and train individuals to the highest level of competency and in turn, supply the aesthetic industry with highly qualified and skilled nurses and doctors, each with the ability to provide safe treatments and natural results.

At our five-star training facility, we not only ensure our students are taught the necessary techniques and skills as part of our training, but we also focus on the elements of respect, confidence, honesty, and integrity that is vital to the industry.

Therefore, our students not only achieve and excel in the cosmetic industry, but they also create astounding results for their patients while providing exceptional customer service and patient support.

Upon completion of our courses, you will receive a framed certificate and you also are provided a reference from our clinical trainers for future employment opportunities.



WHO ARE OUR TRAINERS

SYLVIA CROUCH

FOUNDER & CLINICAL TRAINER

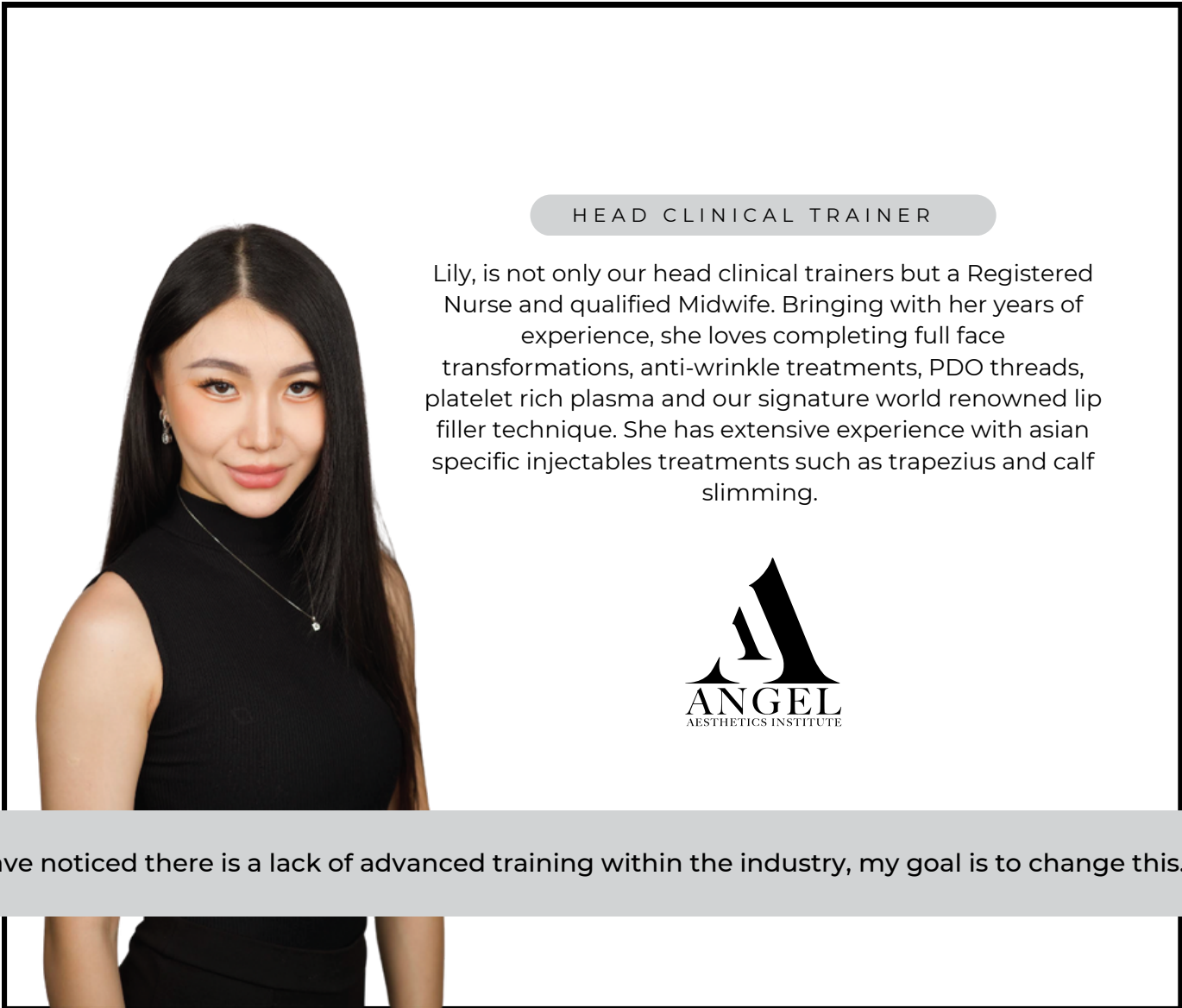
Her qualifications include a Bachelor of Nursing (Registered Nursing) and Graduate Certificate in Cardiology/Coronary Care Unit (Princess Alexandra Hospital). Sylvia also continually trains with industry leaders, obtaining internationally recognised industry certificates.

Sylvia has a passion for symmetry and an eye for detail, assuring all patients expectations are delivered. She has patients fly not only from interstate but also internationally from New Zealand, Canada and the United Kingdom. Sylvia sees on average 50 patients a week where she has now performed over 10,000 procedures and her skills and unique techniques are sought nationally and internationally. Sylvia gets a lot of requests from patients stating they want to look natural, and she could not agree more.

All additional trainers are either employees of Angel Aesthetics Clinic or have been outsourced and directly trained by Sylvia Crouch.



“Good injectors aren’t born over night, they are made. Education, patience and technique is key.”



HEAD CLINICAL TRAINER

Lily, is not only our head clinical trainers but a Registered Nurse and qualified Midwife. Bringing with her years of experience, she loves completing full face transformations, anti-wrinkle treatments, PDO threads, platelet rich plasma and our signature world renowned lip filler technique. She has extensive experience with asian specific injectables treatments such as trapezius and calf slimming.



"I have noticed there is a lack of advanced training within the industry, my goal is to change this."

PERSONALISED COURSES

We are able to offer the following training for:

Dermal Fillers
Anti-Wrinkle Treatments
PDO Threads
Platelet Rich Plasma
Chemical Peels
Skin Needling
Microdermabrasion
Teeth Whitening
Business Mentoring

We are happy to personalise any course to suit your needs. If you are a newly qualified or an intermediate cosmetic injector, we offer courses for you to continue with your training and include advanced areas which will help expand your scope of practice as a skilled cosmetic injector.

These courses are tailored to suit your level of experience and will give you the skills to perform specific advanced treatments within a clinic or practice environment with confidence. Contact us directly if you are unsure of which course will suit you best.





TWO WEEK INJECTABLE COURSE

The 2 Week Cosmetic Injectables Training Course is our most unique option for new practitioners getting started in aesthetics. It is our Shadow Course, Foundation Course and Advanced Course combined. Over the 2 weeks you will learn over 15 common procedures and get to practice the treatments on over 30 live cosmetic models.

After this course you will be able to obtain indemnity insurance and start treating patients.

THIS COURSE IS FOR RN'S, DENTISTS AND DR'S ONLY

The first week will be shadowing only which includes: Anatomy, Physiology, Adverse Reactions (Treatment and Prevention) and Product Choice. The second week will be hands on training.

You will learn all 15 procedures:

Includes 10 Anti-Wrinkle and 5 Dermal Filler treatments offered in most cosmetic clinics.

Anti-Wrinkle areas include:

Frontalis (Forehead), Glabella (Frown), Orbicularis Oculi (Crows feet), Masseter (Jaw clenching), Mentalis (Chin), Nasalis Transverse (Bunny lines), Depressor Anguli Oris (DAO), Levator Labii Superioris Alaeque Nasi (LLSAN – Gummy Smile), Lip Flip & Brow Lift

Dermal Filler areas include:

Lips, Cheeks, Chin, Jawline & Nasolabial folds.

You are far more employable if you want to work in a clinic. Many practitioners only complete foundation training, giving you the edge as an advanced practitioner.

Upon completion of the course you will be provided a certificate of attendance and a reference for future employment opportunities.

UPCOMING COURSE DATES

March 6th -17th

August 7th - 18th

COST

\$9999





COMBINED INJECTABLES COURSE

The Combined Injectables Course is our most popular option for new practitioners. Your comprehensive hands-on training will be supervised by highly skilled aesthetic trainers in small groups (maximum 5 students) to maximise retention of knowledge. **You will learn all 18 common procedures and get to practice the treatments on over 10 cosmetic models.**

At Angel Aesthetics Institute, we not only ensure our students are taught the necessary techniques and skills as part of our Cosmetic Injectables Training, but we also focus on the elements of respect, confidence, honesty, and integrity so vital to this industry.

After this course you will be able to obtain indemnity insurance and start treating patients.

THIS COURSE IS FOR RN'S, DENTISTS AND DR'S ONLY

You will learn up to 12 procedures: Includes but is not limited to 12 Anti-Wrinkle and 6 Dermal Filler treatments offered in most cosmetic clinics.

You can offer your patients a wider portfolio of treatments. Many patients are now becoming more informed about advanced treatments and requesting combination treatments taught across both days.

You are far more employable if you want to work in a clinic.

Upon completion of the course, you will be provided a certificate of attainment and a reference for future employment opportunities.

See course itinerary below.

UPCOMING COURSE DATES

The last Saturday and Sunday of every month

COST

\$3399



COURSE ITINERARY

DAY 1

Today's cosmetic industry and the shift towards non-surgical cosmetics

The Initial Consultation

Managing patient expectation and mapping the face with landmarks

Education regarding Anti-Wrinkle treatments

Treatment areas, indications, contraindications, storage and reconstitution, dosages and injection techniques

Education regarding Dermal Fillers

Treatment areas, indications, contraindications, volume restoration and injection techniques

How to combine Dermal Filler & Anti-Wrinkle Injections to achieve the desired look

Complications and how to manage them

Hands-on Anti-Wrinkle Injection training

Frown lines, forehead lines and crow's feet

Complimentary lunch provided

Hands-on dermal filler training

Lips, cheeks and chin

Employment advice

Debrief



COURSE ITINERARY

DAY 2

Introduction to advanced techniques

The Initial Consultation

Patient expectations & facial mapping

Learn the different injection techniques such as but not limited to

Linear Threading, Cross-hatching & Bolus Technique

Advanced Dermal Filler techniques – hands-on training

Nasolabial, jawline and marionettes

Advanced Anti-Wrinkle techniques – hands-on training

Brow lift, turkey neck (Platysma Bands), jawline slimming (Masseters),
hyperhidrosis (Excessive Sweating), bunny lines, gummy smile,
smokers' lines (Lip Flip), downturned mouth (DAO) & dimpled chin (mentalis)

Complimentary lunch provided

Complications and how to deal with them

Debrief





LIP FILLER MASTERCLASS

Your comprehensive hands-on training will be supervised by Registered Nurse Sylvia and/or other Clinical Trainers.

THIS COURSE IS FOR RN'S, DENTISTS AND DR'S ONLY.

Learn facial anatomy and physiology, product choice and potential adverse reactions (how to avoid and treat them). You will receive this information prior to commencement of the course.

Learn Nurse Sylvia's world-renowned Lip Filler technique on a minimum of 5 patients.

Learn safe injection zones: Specific mapped out landmark based training teaches how to inject safely and accurately to minimise complications.

Upon completion of the course, you will be provided a certificate of attainment and a reference for future employment opportunities.

COURSE ITINERARY

Today's cosmetic industry and the shift towards non-surgical cosmetics

The Initial Consultation

Managing patient expectations and mapping the face with landmarks

Complications and how to manage them

Live model hands-on Dermal Filler training to lips

Employment advice

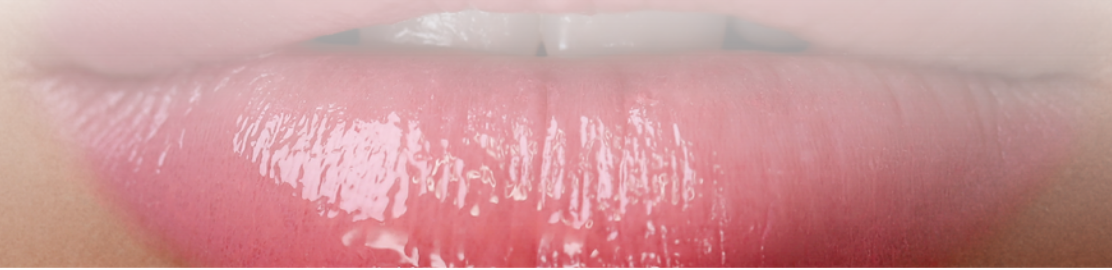
Debrief

UPCOMING COURSE DATES

The 1st Monday of every month

COST

\$3499





SHADOW COURSE

This course will provide you with insight of what it is like to work within a cosmetic clinic as a cosmetic injector.

**THIS COURSE IS FOR STUDENT NURSES,
MEDICAL STUDENTS, EN'S, RN'S AND DR'S ONLY.**

Learn facial anatomy and physiology, product choice and potential adverse reactions (how to avoid and treat them). You will receive this information prior to commencement of the course.

Each day will include 10 – 20 live models in which you will observe treatments from start to finish.

Learn safe injection zones:
Specific mapped out landmark based training teaches how to inject safely and accurately to minimise complications.

Upon completion of the course you will be provided a certificate of attendance and a reference for future employment opportunities.

UPCOMING COURSE DATES

All dates can be personalised. Email us to discuss availability.

COST

\$999 per day



COST BREAKDOWN & COURSE AVAILABILITY

COST BREAKDOWN

2 Week Course:

\$9999 | 6th of March - 17th
7th of August - 18th

Combined Course:

\$3399 | Last Saturday & Sunday of every month

Lip Filler Masterclass:

\$3499 | 1st Monday of every month

Shadow Course:

\$999 per day | Dates personalised to suit you.

1:1 Personalised Course with Nurse Sylvia:

\$4999 per day | Dates personalised to suit you.



GET IN TOUCH WITH US

A ANGEL
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